

- 1. Lieutenant Island "Audubon" Access Road is Messy: It would be best not to drive out there The access road leading to the "Audubon" area to the left before the Lt. Isle Bridge has suffered with recent flood tides and ice. Passage is difficult at best, and we are worried that trucks may get stuck. Our suggestion is to not use that access road and to park instead in the parking area adjacent to the road entrance outside of the posts. Thank you for your attention to this tenuous matter.
- 2. A Message from Fishing Partnership Support Services (FPSS) on Upcoming Trainings, including: First Aid CPR course in Chatham this Tuesday, January 30, from 9 a.m. 3 p.m. Please spread the word!

Here is a link to the <u>course description</u>. Register for Tuesday's Chatham course <u>here</u> or contact Shannon Eldredge at 774-840-9417 or <u>seldredge@fishingpartnership.org</u>.

FPSS's First Aid training is customized to give fishermen the knowledge and practical skills to be first responders at sea on their own vessels and to crews fishing nearby. Depending on weather conditions and distance from port, it can be hours before medical help takes over. The objective of this course is to provide fishermen with a relevant training and a methodical approach to responding to emergencies offshore, and the tools and medicines that will give the best outcome for any injured or ill crew. They also provide free first aid kits to trainees, assembled by their team specifically for East Coast fishing vessels.

The training was designed by fishermen, for fishermen, with highly skilled and experienced instructor teams. The course certifies fishermen in Adult First Aid CPR AED, meets the CFRs for Federally Permitted fishing vessels, and focuses on the following hands-on skills: Patient Assessment System in an austere environment, responding to cardiac arrest with CPR and an AED, taking vital signs, performing a head-to-toe physical exam, and how to communicate all information in a May Day call to the US Coast Guard. They cover how to respond to an Opioid Emergency using the life-saving medicine Narcan, as well as signs/symptoms/treatment for common medical emergencies, traumatic orthopedic injuries, flesh wounds, infections, marine bites and stings, and stop the bleed. Also included are Medevac procedures, injury prevention and ergonomics, hypothermia treatment, person overboard prevention and lifejackets, and proper nutrition and hydration.

There are other First Aid trainings around Massachusetts this winter; the one closest to Wellfleet after this Tuesday's class will be in Plymouth on March 28. Here is a link to their <a href="web calendar">web calendar</a> with the training schedule. They'll be holding a Safety & Survival Training and Drill Conductor Certification at the end of April at Station Cape Cod Canal up in Sandwich. Here is a link to the <a href="course description">course description</a> for that training.

## 3. Important Reminders

- a. Commercial shellfishing permits are on sale through this Wednesday, January 31, 2024, only. Principal Clerk Christine Young will be at our office on the pier Mon. to Wed. from 9 a.m. to 12 noon. You can get them online until 4 p.m. on Wednesday, Jan. 31, here.
- b. All grant holders are required to purchase a commercial shellfishing permit by January 31, 2024. You can do that next week Mon. to Wed., 9 a.m. to 12 noon at our office at the Pier, or online <a href="here">here</a> until Wednesday at 4 p.m.
- c. 2024 grant fees and 2023 grant reports are due February 28, 2024. Please come to our offices at the pier to take care of this. Principal Clerk Christine Young will be there Mon. to Wed., 9 a.m. to 12 noon, or you can find Nancy there. Starting Thursday, Christine will be back in Town Hall, and you can take care of this there with her. Her hours are 8 a.m. to 12 noon, and 1 4 p.m., Mondays through Thursdays. She has a class on Fridays and will not be in. You can always come to see us at the pier office, as well.
- d. Overwintering agreements were due on January 15. We understand what the weather forecast looks like and that gear removal operations are ongoing, but please make sure we have a form from you outlining what you have on your grant currently. If we do not have a form from you, and you have racks (or other gear that can't be pushed down to within 2-4" from the bottom) still on your grant, you are out of compliance. You can advise us when you are finished with overwintering ops, and we will update your form. We have copies of the form in our office, or you can download it <a href="here">here</a>. Thank you for your attention to this. The Shellfish Advisory Board will be taking up a review of the overwintering regulations at one of its meetings this spring. We will keep you posted.

Contact Nancy at <u>nancy.civetta@wellfleet-ma.gov</u> or 617-901-7193 with ideas on how the Shellfish Department can help or improve shellfishing. Thank you!

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