



**District Wellness Advisory Committee**  
**Nauset Administration Building, 78 Eldredge Park Way, Orleans MA 02653**  
**Meeting Agenda**  
**Wednesday, February 8, 2023, @ 3:15 pm**

1. CALL TO ORDER/AGENDA CHANGES

2. CITIZENS SPEAK

3. PRIORITY BUSINESS

A. Introductions

B. Review the 105 CMR 215.000: STANDARDS FOR SCHOOL WELLNESS  
ADVISORY COMMITTEES

C. Structure of the Committee

D. Establishing working subgroups

E. Vaping

- Look at Curriculum (Truth Initiative Curriculum)
- Apps MyLifeMyQuit
- Programming from elementary school through high school
- HONC- (Hooked on Nicotine Checklist)

F. Parent Forums - Build an annual district calendar

- Internet Safety
- Healthy Habits educational opportunities
- Health Resource Fair 23/24 School Year

G. Food Pantry Access

H. Upcoming Meeting Dates:

- 02/08/23
- 03/08/23
- 05/10/23
- 06/14/23

4. APPROVAL OF MINUTES

5. ADJOURNMENT

Posted 2.1.2023 Arlynn Consiglio