

IRIS'S CAFÉ



Every Thursday at 12:30 - \$7.50 per person, all luncheons include coffee & dessert, reservations required by Wednesday

September 4th	Chicken enchiladas, Spanish rice, corn, black bean & tomato salad
September 11th	Fresh codfish cakes, cole slaw, baked bean casserole
September 18th	Baked chicken breast with olives, tomatoes & feta cheese, roast potatoes, sautéed Swiss chard with garlic & olive oil
September 25th	Shrimp scampi with pasta, mixed green salad
October 2nd	Pork & vegetable stir fry, coconut rice
October 9th	Eggplant parmesan with pasta, mixed green salad
October 16th	Baked chicken breast with lemon potatoes and green beans
October 23rd	Baked orange maple salmon, mashed butternut squash, vegetable
October 30th	Meatloaf, mashed potatoes and peas

Iris's Summer Selections: a variety of summer salads/sides/soups, etc. ~ packed to travel ~ \$4.00 pint, a different choice available every Monday throughout September.

IRIS'S SOUP TO GO

Prepared on Monday, packed to travel ~ \$4.00 pint

October 6th	Mixed vegetable w/potatoes & green beans
October 13th	Clam chowder (Tuesday due to holiday)
October 20th	Portuguese kale
October 27th	Pureed butternut squash

