## **How Wetlands Are Valuable To You**

- ❖ FLOOD CONTROL Many wetlands store floodwaters and then release them slowly. This reduces the height of downstream floods and lessens the risk of flash floods and protects landward oceanfront areas during hurricanes.
- ❖ **SEDIMENT CONTROL** Wetland vegetation binds the soil and slows the downstream movement of sediment.
- ❖ **POLLUTION CONTROL** Wetlands act as settling ponds, allowing fertilizers, pesticides, and other pollutants to be absorbed and broken down chemically.
- ❖ WATER SUPPLY Some wetlands are used as sources of domestic water. Others provide water for irrigation and livestock.
- ❖ **GROUND WATER RECHARGE** Wetlands are important recharge areas for underground fresh water aquifers.
- ❖ **FISH PRODUCTION** Many of the 4½ million acres of open water in inland wetlands provide an ideal habitat for sport fish. Estuaries are important nurseries for many sport fish.
- ❖ WATERFOWL AND OTHER WILDLIFE PRODUCTION Wetlands provide water, food, nesting, and resting areas for a wide array of game and nongame wildlife species, including some federally listed endangered species. 95% of New England's wildlife need wetlands during some part of their life cycle.
- ❖ **RECREATION** Wetlands provide areas for recreational activities such as hiking, canoeing, fishing, hunting, photography, and environmental education.
- ❖ **AESTEHETICS** Most wetlands contain a wide variety of plants and animals providing great beauty and a place for recreational and visual enjoyment add to our quality of living on Cape Cod.